

Scientific Program

15th International Conference of Anaesthesia, Pain & Intensive Care

9-11 Oct 2026, PC Bhurban



Pre-Congress Workshops

	Workshop Title	Moderator
Sunday 4 Oct 2026		
0900-1600hrs	Targetted Intensive Care Echocardiography (TICE)	Dr. Fakher-e-Fayaz
	Venue: AFIC Rawalpindi	

Thursday 8 Oct 2026

0900-1630hrs	Simulation Workshsop for Anaesthesia Scenarios	Dr. Farjad Sultan
	Venue: PAF Hsopital Islamabad	
0900-1630hrs	POCUS	Dr. Rehan Masroor
	Venue: AFIC Rawalpindi	Dr. Mehmod Moustafa Elsedeq
0900-1630hrs	Ultrasound Guided Regional Block	Dr. Nabeel Sultan
	Venue: Bahria International Hospital, Rawalpindi	

	Topic	Faculty
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Friday 9 Oct 2026

(1600-1730hrs) Free Paper Session		Judge 1:
		Judge 2:
		Judge 3:
(10 mins each)	Talk 1: Effect of fluid bolus in critically ill septic patients before tracheal intubation in ICU	Dr. Muhammad Annas Farooq
	Talk 2: Effect Of Venous Excess Ultrasonography (VExUS) Guided Vs Dynamic Measure Guided Fluid Management in Critically Ill Patients on the Incidence of AKI	Dr. Muhammad Usama Hayyan Rana
	Talk 3: Applying the SEARCH Framework for Evidence-Based Medicine Training in Anesthesiology Residency: A Stakeholder-Informed Educational Innovation	Dr. Minhal Fatemah
	Talk 4: Comparison of IV Lignocaine Vs IV Dexmetadomidine for Attenuation of Haemodynamic Response in GA	Dr. Syed Whaj Ahmed
	Talk 5: Beyond RSBI: Is Diaphragm Ultrasound Superior to Conventional Predictors of Successful Extubation	Dr. Mehreen Mirza
	Talk 6: The New Era of RSI: Modern Paradigms in Clinical Advancements and Hemodynamic Protocols	Dr. Uzma Naseem
	Talk 7: Compliance with ASA Environmental Sustainability Principles in Fresh Gas Flow Management : A Green Anaesthesia Audit	Dr. Laraib Fatima
(20 mins)	Q&A	
(1730-1840hrs) Session-I ANAESTHESIA		Chairperson:
		Co-chair:
(20 mins each)	Talk 1: The Operating Room as a Focused Factory: Uniform Ways of Working for Patient Safety	Dr. Xavier Falières
(15 mins each)	Talk 2: Enhancing the Patient Experience - Opioid Free Anaesthesoa	Dr. Khawar Aziz
	Talk 3: Intra-operative Hypotension - How Low is Too Low	Dr. Mehmod Moustafa Elsedeq
(20 mins)	Q&A	

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(1840-1900hrs) **Plenary-I**

(20 mins)	Executive Decision Making in Anaesthesia	Dr. Arshad Taqi
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(1900-1920hrs) **Thematic Lecture**

(20 mins)	Anaesthesiologists Reshaping the Culture of Care	Dr. Amer Majeed
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(1600-1900hrs) **Workshop (KASHMIR HALL)**

(3 hrs))	Transfer of Critically ill	Dr. Naveed Zafar / Dr. Kaswar Sajjad
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(1730-1900hrs) **ePosters (BHURBAN HALL)**

Judge 1:

Judge 2:

(7 mins each)	Comparison of effects of interrupted or continuous administration of sevoflurane versus continuous propofol infusion on postoperative trop and CK MB levels before by p	Dr. Mahnoor
	Routine Surveillance Ultrasonography Vs. Clinically Indicated Screening For Deep Vein Thrombosis in Critically Ill Patients	Dr. Syed Usama Iqbal
	To compare the time to successful tracheal intubation and glottis visualization between channeled and non-channeled videolaryngoscope blades in adult patients undergo	Dr. Mugheera Bin Saqib
	Comparison of Microbial Profile, Antibiotic Susceptibility, and Mortality in Early- and Late-Onset Ventilator-Associated Pneumonia	Dr. Unaiza Saeed
	Effectiveness of Pre-emptive Analgesia with Paracetamol and Dexamethasone in Reducing Postoperative Pain and Analgesic Requirement in Cesarean Section Patients: A	Dr. Muhammad Bilal
	Sharps handling and disposal after intravenous cannulation in operation theatres:A 2 cycle observational audit with targeted interventions	Dr. Fahama Qureshi
	Strabismus Surgery Under General Anesthesia Using a Laryngeal Mask Airway Without Neuromuscular Blocking Agents in Pediatric Patients: A Prospective Observational	Dr. Muhammad Ahmad Khan

Saturday 10 Oct 2026

(0830-0930hrs) **Breakfast Session**

	Table 1: (Anaesthesia)	
	Table 2: (Transplant Anaesthesia) Coagulopathy Management in Living Donor Liver Transplants	
	Table 3: (Paeds Anaesthesia) Low-Flow Anaesthesia in Infants	Dr. Zain ul Abidin / Dr. Saleem Ahmad
	Table 4: (Anaesthesia / Education)	
	Table: 5 (Critical Care) Ultra-Protective Ventilation & Extra Corporeal CO2 Removal	
	Table 6: (Critical Care) - When Less is More: Minimalism in Critical Care	Dr. Sheheryar
	Table 7: (Cardiac Anaesthesia) ICU Delirium & Biomarkers	
	Table 8: (Acute Pain Management) Timeliness of Rescue Analgesia Administration in the Post-Anesthesia Care Unit (PACU): A Quality Improvement Audit	Dr. Zainab Ahmed /

(1000-1030hrs) **Plenary-II**

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(1000-1030hrs) Plenary-II		
(30 mins)	Trials and Tribulations of Developing New Exam System at RCoA	Dr. Chris Till
(1030-1200hrs) Session-II (Anaesthesia)		
		Chairperson:
		Co-chair:
(15 mins each)	Talk 1: Regulation and Patient Safety: Finding the Right Balance	Dr. Ehtisham I. Khan
	Talk 2: AI-assisted monitoring - predicting critical events / AI in Critical Decision Making	Dr. Hameedullah
	Talk 3: Pharmacogenomics in Anaesthesia - How can it help in predicting Hidden Disorders	Dr. Amer Majeed
	Talk 4: Spinal Surgery Updates	Dr. Faisal Salim
(30 mins)	Q&A	
(1200-1330hrs) Session-III (Critical Care)		
		Chairperson:
		Co-chair:
(20 mins talk)	Talk 1: 3E Framework for Excellence in Critical Care	Dr. Shakeel Riaz
(15 mins talk each)	Talk 2: Hemodynamic Optimization: From Macro to Microcirculation	Prof Suraphong Lorsomradee
	Talk 3: Diaphragm-protective Ventilation	Prof Kaswar Sajjad
	Talk 4: National Early Warning Score - is it time to implement in Pakistan.	Dr. Taimoor Mirza
	Talk 5: Acute Kidney Injury in ICU - How and when to start RRT: Options in Pakistan	Prof Zahid Farooq Baig
(30 mins)	Q&A	
(1030--1330hrs) Workshop		
(3 hrs)	Life on the Line - Basics of ECMO	Dr. Ali Raza Mangi
(1030--1330hrs) Workshop		
(3 hrs)	Difficult Airway Management	Dr. Faisal Shamim
(1430-1600hrs) Session-IV (Cardiac Anaesthesia)		
		Chairperson:
		Co-chair:
(15 mins talk each)	Talk 1: Dark Side of Fluid Therapy: in Cardiac Surgery	Dr. Mujahid ul Islam
	Talk 2: Anesthesia for "TAVR and Beyond"	Dr. Rabia Iqtdar
	Talk 3: AI in Perioperative Echocardiography	Dr. Fakher-e-Fayaz
	Talk 4: The "Lethal Triad" in Cardiac Trauma	Dr. Mohammad Hamid
(30 mins)	Q&A	

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(1430-1600hrs) Session-V (Young Consultants' Forum)		Chairperson:
		Co-chair:
(15 mins each)	Talk 1: Updates in DAS / ASA Guidelines	Prof Saleem Ahmed
	Talk 2: Goal-Directed Coagulopathy Management in Liver Transplantation: Transitioning from Empiric Transfusion to Viscoelastic Testing	Dr. Salman Shahzad
	Talk 3: Problem in Peripheral Hospitals	Dr. Shazia Rizwan
	Talk 4: Preoperative Supra-inguinal Fascia Iliaca Block for Positioning Analgesia in Hip Fracture Patients undergoing Spinal Anesthesia: An RCT	Dr. Namra Nadeem
(30 mins)	Q&A	
(1430--1830hrs) Workshop		
(1.5 hrs)	Precision Neuroanaesthesia	Dr. Faraz Shafique
(1600--1730hrs) Focused Group Discussion		
(1.5 hrs)	Interaction with Examiners and Faculty Members of CPSP on New Exam Format	Dr. Chris Till
		Moderator: Rehan Masroor
(1600-1730hrs) Session-VI (Acute Pain Management)		Chairperson:
		Co-chair:
(15 mins talk each)	Talk 1: Rebound Pain After Peripheral Nerve Block: Mechanisms and Mitigation	Dr. Xavier Falieres
	Talk 2: Establishing Acute Pain Services in Pakistan - Challenges & Limitations	Dr. Gauhar Afshan
	Talk 3: A Diagnostic Odyssey: Coccydynia Misdiagnosis and its Tolls on Chronic Pelvic Pain	Prof Maj Gen (R) Liaquat Ali
	Talk 4: Clear Mnd, Comfortable Recovery, Better Patient: New Era in Abdominal Surgeries ?	Prof Liaquat Ali
(30 mins)	Q&A	
(1730-1900hrs) ePosters		Judge 1:
		Judge 2:
(7 mins each)	Are vascular forceps superior to Magill forceps for Videolaryngoscope-assisted nasotracheal intubation? A randomized controlled trial	Dr. Arva Imran
	Comparison of Postoperative Recovery Profile Between Propofol-Based Total Intravenous Anaesthesia and Isoflurane-Based Inhalational Anaesthesia Using Bispectral Index	Dr. Naiha Batool
	Granisetron versus ondansetron for prevention of hypotension during spinal anesthesia in cesarean delivery: A randomized trial	Dr. Maria Ahmad
	Comparative Efficacy of Digital Distraction and Oral Midazolam in Reducing Preoperative Anxiety Among Paediatric Patients Undergoing Elective Inguinal Hernia Surgery	Dr. M. Abdul Razzaq Qureshi
	Efficacy and safety of clavipectoral fascial plane block for analgesia in clavicle fracture operations: a meta-analysis of randomized controlled trials	Dr. Ahmad Mueed
	Caudal Block versus Local Infiltration for Postoperative Analgesia in Paediatric Day-Care Surgeries	Dr. Zarmina Kaleem
	Post-Operative Cognitive Outcomes in Elderly Patients Undergoing General Anesthesia: A Comparison of Inhalational (Sevoflurane) and Total Intravenous (Propofol) Maintenance	Dr. Sayed Shah Hassanain

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Sunday 11 Oct 2026

(0900-0930hrs) **Plenary-III**

Taming the Storm: Ulinastatin in Severe Sepsis and Acute Pancreatitis

Prof Zahid Akhter Rao

Sunday 11 Oct 2026

(0930-1130hrs) **Session-VII (Young Presenters' Award (YPA))**

Judge 1:

Judge 2:

Judge 3:

(8 mins each)

Comparison of emergence from anesthesia in patients having lumbar surgery in the prone as opposed to the supine position

Dr. Haseeb Ahsan

EFFECT OF PREOPERATIVE CARBOHYDRATE LOADING ON PERIOPERATIVE SERUM LACTATE LEVELS IN PATIENTS UNDERGOING DONOR HEPATECTOMY

Dr. Usman Hameed Khan

PROPHYLACTIC TRANSNASAL SPHENOPALATINE GANGLION BLOCK FOLLOWING ACCIDENTAL DURAL PUNCTURE DURING LABOUR EPIDURAL ANALGESIA: AN INITIAL

Dr. Irfan Iqbal

Comparison of Rectus Sheath Block versus Thoracic Epidural Analgesia for Post-operative pain relief

Dr. Haider Zaman

The Spheno-Palatine Ganglion (SPG) block Transnasal approach in the management of migraine/Chronic headache

Dr Syeda Umber Batool

(30 mins)

Q&A

(15 mins)

Compilation of Result and Award Ceremony