

Scientific Program APICON 15

	Topic	Faculty
Friday 9 Oct 2026		
Free Paper Session		JURY
Zaver Hall		
1600-1610 hrs	Effect of fluid bolus in critically ill septic patients before tracheal intubation in ICU	Dr. Muhammad Annas Farooq
1610-1620 hrs	Effect Of Venous Excess Ultrasonography (VExUS) Guided Vs Dynamic Measure Guided Fluid Management in Critically Ill Patients on the Incidence of AKI	Dr. Muhammad Usama Hayyan Rana
1620-1630 hrs	Applying the SEARCH Framework for Evidence-Based Medicine Training in Anesthesiology Residency: A Stakeholder-Informed Educational Innovation	Dr. Minhal Fatemah
1630-1640 hr	Comparison of IV Lignocaine Vs IV Dexmetadomidine for Attenuation of Haemodynamic Response in GA	Dr. Syed Whaj Ahmed
1640-1650 hrs	Beyond RSBI: Is Diaphragm Ultrasound Superior to Conventional Predictors of Successful Extubation	Dr. Mehreen Mirza
1650-1700 hrs	The New Era of RSI: Modern Paradigms in Clinical Advancements and Hemodynamic Protocols	Dr. Uzma Naseem
1700-1710 hrs	Compliance with ASA Environmental Sustainability Principles in Fresh Gas Flow Management : A Green Anaesthesia Audit	Dr. Laraib Fatima
1710-1730 hrs	Q&A	
Workshop		
Kashmir Hall		FACULTY
1600-1900hrs	Transfer of Critically ill	Prof Kaswar Sajjad
	<i>Modeartor: Dr. Rehan Masroor</i>	Dr. Naveed Zafar
Plenary-I		
Zaver Hall		SPEAKER
1730-1800 hrs	Executive Decision Making in Anaesthesia	Dr. Arshad Taqi
Session-I (Anaesthesia)		Chairpersons
Zaver Hall		
1800-1820 hrs	The Operating Room as a Focused Factory: Uniform Ways of Working for Patient Safety	Dr. Xavier Falières
1820-1835 hrs	Enhancing the Patient Experience - Opioid Free Anaesthesoa	Dr. Khawar Aziz
1835-1850 hrs	Intra-operative Hypotension - How Low is Too Low	Dr. Mehmod Moustafa Elsedeiq
1850-1900 hrs	Q&A	

ePosters		JURY
Bhurban Hall		
1730-1900 hrs	Comparison of effects of interrupted or continuous administration of sevoflurane versus continuous propofol infusion on post-operative trop and CK MB levels before by pass time in patients undergoing CABG	Dr. Mahnoor
	Routine Surveillance Ultrasonography Vs. Clinically Indicated Screening For Deep Vein Thrombosis in Critically Ill Patients	Dr. Syed Usama Iqbal
	To compare the time to successful tracheal intubation and glottis visualization between channeled and non-channeled videolaryngo-scope blades in adult patients undergoing elective surgery	Dr. Mugheera Bin Saqib
	Comparison of Microbial Profile, Antibiotic Susceptibility, and Mortality in Early- and Late-Onset Ventilator-Associated Pneumonia	Dr. Unaiza Saeed
	Comparison of dexmedetomidine and dexamethasone as adjuvant for ropivacaine in ultrasound-guided erector spinae plane block for thoracic surgeries	Dr. Fatima
	Effectiveness of Pre-emptive Analgesia with Paracetamol and Dexamethasone in Reducing Postoperative Pain and Analgesic Requirement in Cesarean Section Patients: A Comparative Study	Dr. Muhammad Bilal
	Sharps handling and disposal after intravenous cannulation in operation theatres:A 2 cycle observational audit with targeted interventions	Dr. Fahama Qureshi
	Strabismus Surgery Under General Anesthesia Using a Laryngeal Mask Airway Without Neuromuscular Blocking Agents in Pediatric Patients: A Prospective Observational Study	Dr. Muhammad Ahmad Khan
Thematic Lecture		
Zaver Hall		SPEAKER
1900-1930 hrs	Anaesthesiologists Reshaping the Culture of Care	Dr. Amer Majeed
Saturday 10 Oct 2026		
Breakfast Session		
Chinar Hall		
0830-0930 hrs	Table 1: (Anaesthesia) Blood Utilisation and Development of Stratified Maximum Surgical Blood Ordering Schedule for Cesarean Hysterectomies in Placenta Accreta Spectrum.	Dr. Amber Gulamani
	Table 2: (Transplant Anaesthesia) Coagulopathy Management in Living Donor Liver Transplants	TBA
	Table 3: (Paeds Anaesthesia) Low-Flow Anaesthesia in Infants	TBA
	Table 4: (Anaesthesia / Education) AI Tools in Examinations	TBA
	Table: 5 (Critical Care) Ultra-Protective Ventilation & Extra Corporeal CO2 Removal	TBA
	Table 6: (Critical Care) - When Less is More: Minimalism in Critical Care	Dr. Sheheryar

		Table 7: (Cardiac Anaesthesia) ICU Delirium & Biomarkers	TBA
		Table 8: (Acute Pain Management) Timeliness of Rescue Analgesia Administration in the Post-Anesthesia Care Unit	Dr. Zainab Ahmed
	Plenary-II		
	Zaver Hall		SPEAKER
	1000-1030 hrs	Trials and Tribulations of Developing New Exam System at RCoA	Dr. Chris Till
	Session-II (Anaesthesia)		Chairpersons
	Zaver Hall		
	1030-1045 hrs	Regulation and Patient Safety: Finding the Right Balance	Dr. Ehtisham I. Khan
	1045-1100 hrs	AI-assisted monitoring - predicting critical events / AI in Critical Decision Making	Dr. Hameedullah
	1100-1115 hrs	Pharmaco-Genomics in Anaesthesia - How can it help in predicting Hidden Disorders	Dr. Amer Majeed
	1115-1130 hrs	Spinal Surgery Updates	Dr. Faisal Salim
	1130-1200 hrs	Q&A	
	Session-III (Critical Care)		Chairpersons
	Zaver Hall		
	1200-1220 hrs	3E Framework for Excellence in Critical Care	Dr. Shakeel Riaz
	1220-1235 hrs	Hemodynamic Optimization: From Macro to Microcirculation	Prof Suraphong Lorsomradee
	1235-1250 hrs	Diaphragm-protective Ventilation	Prof Kaswar Sajjad
	1250-1305 hrs	National Early Warning Score - is it time to implement in Pakistan.	Dr. Taimoor Mirza
	1305-1330 hrs	Q&A	
	Workshop		
	Kashmir Hall		FACULTY
	1030-1330 hrs	Life on the Line - Basics of ECMO	Dr. Ali Mangi
	Workshop		
	Mirajani Hall		COURSE DIRECTOR
	1030-1330 hrs	Difficult Airway Workshop	Dr. Faisal Shamim

Session-IV (Cardiac Anaesthesia)			Chairpersons
Zaver Hall			
1430-1445 hrs	Dark Side of Fluid Therapy:in Cardiac Surgery		Dr. Mujahid ul Islam
1445-1500 hrs	Anesthesia for "TAVR and Beyond"		Dr. Rabia Iqtdar
1500-1515 hrs	AI in Perioperative Echocardiography		Dr. Fakher-e-Fayaz
1515-1530 hrs	The "Lethal Triad" in Cardiac Trauma		Dr. Mohammad Hamid
1530-1600 hrs	Q&A		
Session-V (Young Consultants' Forum)			Chairpersons
Kashmir Hall			Prof Gauhar Afshan
			Prof Jodat Saleem
1430-1440 hrs	Robotic Surgery, Human Anesthesia: Why Has Robotic Anesthesia Not Taken Off?		Prof Mehwish Naseer
1440-1450 hrs	Problem in Peripheral Hospitals		Dr. Shazia Rizwan
1450-1500 hrs	Preoperative Supra-inguinal Fascia Iliaca Block for Positioning Analgesia in Hip Fracture Patients undergoing Spinal Anesthesia		Dr. Namra Nadeem
1500-1510 hrs	Impact of Early Prophylactic Ceftriaxone on Ventilator-Associated Pneumonia Rates in a Neurocritical Care Unit		Dr. Shahid Ahmad Khan
1510-1520 hrs	Does a high STOP BANG score predict postoperative non invasive ventilation requirement?		Dr. Muhammad Azhar Sharafat
1520-1530 hrs	Role of Parasternal Intercostal Block in Pain Management Following Sternotomy in Cardiac Surgery		Dr. Sayed Mukarram Bukhari
1530-1600 hrs	Q&A		
Workshop			
Mirajani Hall			COURSE DIRECTOR
1430-1830 hrs	Precision Neuroanaesthesia		Dr. Faraz Shafique
Focused Group Discussion			
Kashmir Hall			EXPERT
1600-1730 hrs	Interaction with Examiners and Faculty Members of CPSP on New Exam Format		Dr. Chris Till
	<i>Moderator: Rehan Masroor</i>		
Session-VI (Pain Medicine)			Chairpersons
Zaver Hall			
1600-1615 hrs	Talk 1: Rebound Pain After Peripheral Nerve Block: Mechanisms and Mitigation		Dr. Xavier Falieres
1615-1630 hrs	Talk 2: Establishing Acute Pain Services in Pakistan - Challenges & Limitations		Dr. Gauhar Afshan
1630-1645 hrs	Talk 3: A Diagnostic Odyssey: Coccydynia Misdiagnosis and its Tolls on Chronic Pelvic Pain		Prof Maj Gen (R) Liaquat Ali
1645-1700 hrs	Talk 4: Clear Mnd, Comfortable Recovery, Better Patient: New Era in Abdominal Surgeries ?		Prof Liaquat Ali

1700-1730 hrs	Q&A	
ePosters		JURY
Bhurban Hall		
1730-1900 hrs	Are vascular forceps superior to Magill forceps for Videolaryngoscope-assisted nasotracheal intubation? An RCT	Dr. Arva Imran
	Comparison of Postoperative Recovery Profile Between Propofol-Based Total Intravenous Anaesthesia and Isoflurane-Based Inhalational Anaesthesia Using Bispectral Index Monitoring in Elective Intracranial Space-Occupying Brain Lesion Surgery	Dr. Naiha Batool
	Granisetron versus ondansetron for prevention of hypotension during spinal anesthesia in cesarean delivery: A randomized trial	Dr. Maria Ahmad
	Comparative Efficacy of Digital Distraction and Oral Midazolam in Reducing Preoperative Anxiety Among Paediatric Patients Undergoing Elective Inguinal Hernia Surgery – A Randomized Controlled Trial.	Dr. M. Abdul Razzaq Qureshi
	Efficacy and safety of clavipectoral fascial plane block for analgesia in clavicle fracture operations: a meta-analysis of RCTs	Dr. Ahmad Mueed
	Caudal Block versus Local Infiltration for Postoperative Analgesia in Paediatric Day-Care Surgeries	Dr. Zarmina Kaleem
	Timing of Adductor Canal Block in Total Knee Arthroplasty: An RCT Comparing Preoperative and Postoperative Administration	Dr. Raheela Shaheen
	Post-Operative Cognitive Outcomes in Elderly Patients Undergoing General Anesthesia: A Comparison of Inhalational (Sevoflurane) and Total Intravenous (Propofol) Maintenance of Anesthesia	Dr. Sayed Shah Hassanain
Sunday 11 Oct 2026		
Young Presenters' Award		JURY
Zaver Hall		
0900-0912 hrs	Comparison of emergence from anesthesia in patients having lumbar surgery in the prone as opposed to the supine position	Dr. Haseeb Ahsan
0912-0924 hrs	Effect of Preoperative Carbohydrate Loading on Perioperative Serum Lactate Levels in Patients Undergoing Donor Hepatectomy	Dr. Usman Hameed Khan
0924-0936 hrs	Propylactic Transnasal Sphenopalatine Ganglion Block following Accidental Dural Puncture Labour Epidural Analgesia	Dr. Irfan Iqbal
0936-0948 hrs	Comparison of Rectus Sheath Block versus Thoracic Epidural Analgesia for Post-operative Pain Relief	Dr. Haider Zaman
0948-1000 hrs	The Spheno-Palatine Ganglion (SPG) block Transnasal approach in the management of Migraine / Chronic Headache	Dr Syeda Umber Batool
1030-1100 hrs	Q&A	